

RA SKI & SNOWBOARDING CLUB



More Than Just A Ski Club!

Winter Program 2017-2018



www.raski.ca

The RA Ski Club is a member of the RA, a not-for-profit serving the community for over 75 years.
 2451 Riverside Drive, Ottawa, ON K1H 7X7 613-733-5100

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RA Ski Activities



MESSAGE FROM THE EXECUTIVE

Jaime Impey Acting Chair, weeklong-2018@raski.ca

Now that the heat wave of September has subsided and fine weather of October has passed, many will turn their thoughts to the winter activities ahead. Your Club Executive had been busy throughout the soggy spring and wet summer, working hard to plan strong programs for your Fall and Winter pleasure.

We welcome our new members, and welcome back returning friends. We look forward to your participation to make it a great season. RASKi Club is "More than just a ski club!" We offer a variety of activities throughout the year. There were Meet 'n' Cycle days over the summer, and Spring and Fall hikes enjoyed by many. We met up for evenings of theatre, cheering the Champions at baseball games, a round of golf, a guided tour of the Beechwood Cemetery and many more. The new season has already kicked off with September Information and Registration nights for our annual weeklong excursion, Fall hikes that will continue until it snows, and our SkiFit classes will get you ready for the trails. Pub nights offer a chance to chat with friends and enjoy our favourite beverages. We are always open to suggestions for social activities on an impromptu basis so if you hear of something you think a group might enjoy, do let one of us know and we can organize an outing.

There are additional benefits to being a member of the RA Ski Club. Your membership offers you discounts at ski hills and sports shops too. Always carry your card and ask if a discount will apply. Check our website for updates that may be added after the deadline for this newsletter.

Please read through this newsletter and visit our website www.raski.ca to see all the terrific trips and day activities we have planned for Winter. If you haven't already done so, sign up to receive our weekly Ski-mails with the latest information about our activities, changes or additions. You can also check our Facebook page and SnowPhone, 613-736-6235 regularly for updates.

Our 2018 weeklong trip sends us to Panorama, in the Powder Highway of BC – a terrific ski holiday destination with a reputation for great natural snow (500 cm annually.) After two decades or more, we are returning to a much-expanded Bromont as part of our Mont Orford/Bromont multi-day downhill trip in February. Cross country members will enjoy the exceptional skiing at Parc Dufresne and dining of Auberge du Vieux Foyer for our February weekend.

The chairs for Snowshoeing, Cross Country and Downhill day trips have planned a full calendar of outings, and our Member at Large has November hikes on the calendar and is thinking ahead to spring bike and hike outings.

Thanks go to all the executive members and the support staff at the RA Centre who have helped with the planning for this ski season and activities throughout the year. Now, all we need will be fresh snow, and YOU, to make it all happen. Help your Club remain active and grow! Tell your colleagues, and invite your friends to join us for an activity. Come out and enjoy all that we have in store for you this season. Avoid disappointment and register early for our trips! Hope to see you on the trails!

RASKi EXECUTIVE 2017-2018



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MEMBERSHIP INFORMATION

THE RA IS OPEN TO EVERYONE!

Ski Club Membership Fee: \$54.00/RA Member

All current RA members will not be required to re-join the Association upon renewal of their club or activity of choice. Members who continuously maintain their Club or activity membership will remain an Association member in good standing for the duration of their involvement with the RA.

New Members

New members will be required to join the RA by purchasing an Association Membership.

Association Membership Fees

The following membership fees apply to Federal employees, all employees of devolved federal organizations, and retired employees who receive a pension based on such employment or are entitled to a deferred pension based on such employment.

Individual - superannuate:	\$21.00	Individual:	\$33.00
Family ⁽¹⁾ - superannuate:	\$27.00	Family ⁽¹⁾ :	\$57.00

The following membership fees apply to all other persons interested in joining the Association.

Individual:	\$46.00
Family ⁽¹⁾ :	\$72.00

⁽¹⁾ Family members include spouses and dependant children who are in full time attendance at an educational institution.

As an RA member you can:

- stand for association or club elections and have a say in the future of your association;
- access benefits such as 30% off home and auto insurance from Smith Petrie Carr & Scott;
- access free parking on-site for your league games, club activities or classes;
- receive updates and front of the line opportunities for select programming;
- access a vibrant social network that builds relationships that last a lifetime;
- receive support for your club or league through dedicated staff resources;
- be protected by a Members Code of Ethics that emphasizes respect, support, safety, pride and fun.

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WEEKLONG Excursion

PANORAMA, BC

January 27 - February 3, 2018

Panorama is Pure Canada, situated in BC's Purcell Mountains. It has evolved into an impressive ski destination with a brilliant climate and Canada's largest outdoor on-hill hot pools. Panorama has one of North America's top 10 verticals (4019 feet), so there are plenty of opportunities for enjoying naturally-gladed runs or endless corduroy cruisers. There's nearly 3,000 massive acres of skiable terrain, winding down from the summit right to your condo door - 55% of terrain is intermediate, 25% expert, and there is a dedicated discovery zone ideal for novices. Blast through the newly expanded Taynton Bowl's powdery paradise - it's a former heli-skiing area. To see the Mountain the way the locals do, take a tour with the friendly hosts in the yellow jackets. Night skiing is available Thursday to Saturday in a small area off the Toby chair lift. Also, there's an option to ski a day at Kicking Horse in Revelstoke.

Those who vacation there know "there's more to the mountains!" Daytime or evening, choose from Panorama's incredible dining, après-ski, bars and night-life. Off the trails, Panorama has lots of activities (hot pools, massage & spa, fat bikes, skating, wagon rides, snowmobiling, paragliding, or visiting the artisan town of Invermere.)

HOTEL

Located in the Upper Village, the Panorama Springs Lodge and the Taynton Lodge are ski-in / ski-out condos. The one bedroom condos contain fully equipped kitchens, and a split king (twins) in the bedroom plus a queen pull-out couch in the living room. Subject to availability, there are Studio condos for single occupancy. Panorama Springs Lodge has direct interior access to the Panorama Springs hot pools. Upper Village amenities (restaurants, retail therapy, pubs and cafés) are only a short walk away. www.panoramaresort.com/panorama-springs-lodge

Our last evening is in Banff, at the Ptarmigan Inn, only steps from downtown. www.banff.ca <http://banffptarmiganinn.com>



SKI PASSES

Our 6-day ski pass is good for Panorama: www.panoramaresort.com
There's an option to go to Kicking Horse for the day. Add \$114 (taxes incl), and take a deduction for a 5-day Panorama pass. www.kickinghorseresort.com

CROSS COUNTRY & SNOWSHOE

The Panorama Nordic Centre offers 20 km trails practically on our doorstep, with unforgettable mountain views (trail fees \$15/day, \$13 senior). Also, 20 km away via free shuttle bus, is the 15 km Nordic loop of the Lake Windermere Whiteway in Invermere (trail fees \$5/day).

The Centre also offers four snowshoe trails, each about 4 km long (trail fees \$10/day, \$8 senior).



COST

The Package price starts at \$1,799 per person double occupancy in a one-bedroom condo and \$2,155 for single occupancy in a Studio condo. — each subject to availability. Variations may be offered - ex. add-on options and deductions, Triple or Quad-occupancy in a two-bedroom condo.

AIRLINE & TRAVEL ARRANGEMENTS

Flights between Ottawa and Calgary are charging baggage fees for 1st and 2nd pieces of baggage for \$67.80 per direction. Flight deviations are permitted, but must be pre-arranged with our travel agent. The cost will depend on space availability on selected return date. Our travel agent will determine the cost difference.

PAYMENT

A non-refundable payment of \$900 (\$100 Reservation fee plus \$800 deposit) is required at time of registration, with the balance owing on December 4th. The package price includes a discount for payment by cheque. Use of a credit card for package payment(s) adds a charge of \$40.

INSURANCE

Medical and Travel insurance are highly recommended and may be purchased through our travel agent or provided by your own supplier.

REGISTRATION INFORMATION

Registration closed Wednesday, November 1. However, until November 22, subject to availability, we will be happy to attempt to accommodate a late Registration Application — so don't hesitate to contact weeklong-2018@raski.ca to put your name on the wait list. See the WEEKLONG tab on our web site (www.raski.ca) for details on options, insurance, flights, payment schedule and instructions for the registration process.

TRIP RENDEZVOUS NIGHT

When: Wednesday, January 10, 7:00pm
Where: Courtside A Room, RA Centre

Trip leader: Jaime Impey, weeklong-2018@raski.ca



ORFORD & BROMONT

Sunday, February 18 - Tuesday, February 20, 2018

REGISTRATION DEADLINE: Monday, December 18

PRICE (including taxes)

- Downhill (3 day*): \$395 pp /double occ. (single \$535)
- Cross country/snowshoe: \$300 pp /double occ. (single \$440)
- Non-members: Add 10%

(*2 day downhill option: Feb 19 Orford, /Feb 20 Bromont \$355 pp /double occ. (single \$495)

3-DAY PACKAGE INCLUDES:

- 2 nights accommodation at Hôtel Chéribourg (Mont Orford) – 2 beds per room
- 3-day downhill lift tickets: Feb. 18 and 19 at Mont Orford, Feb. 20 at Bromont
- Daily American breakfast
- 1 three-course dinner

NOT INCLUDED

- Transportation (this is a carpool trip)
- Cross country and Snowshoe passes (Purchase at Parc du Mont Orford)

DOWNHILL

- Mont Orford - At a height of 853 meters, Mont Orford is one of highest peaks in the Eastern Townships.
- Bromont – Located on three peaks just outside the bustling town of the same name, the mountain features more than 141 trails and glades on 7 slope sides and the largest lit skiable terrain in North America.

CROSS-COUNTRY SKI AND SNOWSHOEING

- Parc du Mont Orford - This provincial park and ecological reserve boasts an impressive 58 km network of cross-country skiing and snowshoeing trails.



ACCOMMODATION

The Hôtel Chéribourg is located close to the Mont Orford ski resort and the provincial park's Visitors Centre, for snowshoeing and cross-country skiing. Each room features two double beds, a refrigerator and coffee maker. The 118-room property features an indoor pool, spa tubs, a full-service spa, fitness centre, on-site restaurant and bar and free self-parking.

RENDEZVOUS NIGHT

There will be an information session on February 13, 2018 at 7pm in the RA's Courtside A Room to review the details of the trip.

The meeting is intended for trip participants to learn more details of the trip, to pose any questions to the trip leader, and to meet your roommate (if you choose to have the Club pick one for you.) While it is not mandatory to attend this information session, it is highly recommended to ensure a smooth journey with the Club.

Louise Lefebvre, Downhill Weekend Chair, dhweekend-2018@raski.ca



Ring in 2018 at the RA!
New Year's Eve
Celebration

Sunday, December 31, 2017
\$80 (HST and 15% service charge included)



Dance the Night Away in the **Clark Hall**

*with Randy and Louise from Celebrity DJs,
playing the hits of today & yesterday*

6:00 p.m. to 1:00 a.m. | Buffet served at 7:00 p.m.

Hot & Cold Buffet featuring Roast Beef and Seafood Newburg
Glass of Bubbly at Midnight

Tickets will be on sale at the RA Centre's East Member Services Desk as of December 1, 2017.

Monday to Sunday from 8:00 am to 9:00 pm or by phone at 613-733-5100 Monday to Friday from 9:00 am to 5:00 pm.

3-DAY TRIP General Information

All prices include accommodation, downhill lift tickets (but not cross-country or snowshoe passes), and all taxes (except where flagged).
You are encouraged to register as early as possible to avoid being disappointed. Deadlines are firm.

CARPOOL TRAVEL

You are reminded that while every attempt will be made to ensure everyone has a ride and/or does not travel alone, the club cannot be held responsible for carpool travel arrangements. At the time of registration, you will be asked to indicate if you need a ride or can take passengers.

It is recommended that you handle your own transportation arrangements. However, in the week prior to the trip, you may be phoned regarding your room assignment and to assist with carpool arrangements, if necessary.

Groups must organize themselves and agree on a logical departure and return point and time. Groups are responsible for deciding on their own routing. Groups are encouraged to share fuel costs.

Hôtel Chéribourg is located at a distance of 315 km from Ottawa and about 3:30 hours of travel time.

ACCOMMODATION

Accommodation is based on double occupancy, two beds per room, except where noted. Please indicate, at the time of registration, with whom you would like to share a room. If no name has been entered, the Club will place you with a suitable roommate.

MEALS

Meals include daily American breakfast and ONE 3-course dinner at the Hotel Chéribourg.

LIFT TICKETS AND SKI PASSES

Downhill tickets are included. Cross country and Snowshoe passes are not included.

GUEST POLICY

Guests of club members wishing to join us (one per member, unless vacancies exist at the deadline) are charged a 10% surcharge above and beyond the price paid by regular members, as per RA Ski Club policy.

CANCELLATION

Unfortunately, we cannot offer refunds. If you advise us early enough, we'll try to help you find someone to take your place.



SkiMax daily tickets offer the following Peak Benefits:

- Unlimited access to the slopes, 7 days a week, all season long, including Christmas holidays and school breaks
- Fully transferable, person to person (buy some for your friends and family!)
- Direct access to slopes (without stopping at the ticket office!)
- Valid any one day of the 2017–2018 season and until December 7, 2018
- Expired and unused ticket: the prepaid value will be applied to the purchase of a day ticket at the regular price.

Buy your tickets now and hit the slopes on the day you like!

SKIMAX tickets on sale now!

Purchase Date <small>(The tickets must be ordered and paid before this date)</small>	RA Member Price		Regular Adult Price	Savings up to
	Cash Sales	Credit Card & Debit Sales		
From October 27 to December 7, 2017	\$66.00	\$69.00	\$105.40	36%

Royalty and taxes included.

SKIMAX tickets may be purchased in person at the RA Centre's East Member Services desk or by phone (credit card sales only) at 613-733-5100.

DOWNHILL Day Program

I'm sure many of you were witness to that fabulous CANADA150 experience in downtown Ottawa this summer, LE MACHINE, the mechanical Horse/Dragon and the Spider. WOW! Talk about a memory. Seems like that was only yesterday, though actually it was months ago. About the same length of time going forward till we start skiing again. Hard to believe isn't it. Even though our summer was postponed till September this year we shouldn't count on the ski season being similarly delayed. With that in mind your club executive has been busy during the summer both scheduling and booking the 2017/18 RA Ski Club winter ski program. As Downhill Chair my job is to schedule the mid-week Meet n' Ski program which many of you are already familiar with. New and returning members are invited to meet at the RA Centre (sometimes at Kanata Centrum) at 8:30am where we form car pools and go to a local ski hill on a different day each week, and to a different hill each week. We share the cost of gas, enjoy uncrowded runs, and have the benefit of midweek bargains. How's that for a complete package?, incentive, variety, economy, and best of all, friendship. Dare I say WOW one more time?

We encourage you to wear a helmet, use a ski bag to prevent snow melting in the car-pool car, wear a smile, make a friend, come often, all easy stuff. An important reminder though; If the weather forecast predicts an iffy day it's a good idea to call the Snowphone at 613-736-6235 before leaving home just in case 'today's' event has been rescheduled.

Be sure to check our Winter Program Guide for the full Downhill Schedule including the Weeklong Trip, Weekend Getaway, Day Bus Trips and Meet n' Ski Days. We've created lots of opportunity for some great skiing. Let's do it.

MEET N' SKI SCHEDULE

DECEMBER

Saturday, December 16 - Mont Ste Marie
Friday, December 22 - Camp Fortune

JANUARY

Sunday, January 7 - Calabogie
Thursday, January 11 - Edelweiss
Wednesday, January 17 - Camp Fortune
Monday, January 22 - Mont Cascades
Tuesday, January 30 - Vorlage

FEBRUARY

Wednesday, February 7 - Edelweiss
Monday, February 12 - Calabogie
Thursday, February 15 - Camp Fortune
Wednesday, February 21 - Mont Cascades
Tuesday, February 27 - Mont Ste Marie

MARCH

Friday, March 9 - Calabogie
Thursday, March 22 - Vorlage
Tuesday, March 27 - Camp Fortune

APRIL

Wednesday, April 4 - Edelweiss

DAY BUS TRIPS

Again this year, there will be two weekday bus trips for skiers and non-skiers alike.

MONDAY, JANUARY 15: ST-SAUVEUR

Downhill skiers will be getting their legs in shape for the big hills out west and beyond. Cross country skiers and snowshoers will be enjoying the trails nearby. Of course, we will offer a Getaway Day for non-skiers who wish to shop, dine, or spend the day at one of the local spas!

MONDAY, MARCH 19: TREMBLANT / MONT BLANC / DOMAINE ST-BERNARD

As always, it will accommodate downhill skiers, cross-country skiers, snowshoers, and sightseers/shoppers who prefer to spend their day exploring the lovely village of Tremblant.

It's back by popular demand, our delicious

Homestyle Country Sunday Breakfast Buffet

Served Sunday from 9:00am to 1:00pm
Adults \$ 14.95 | Children (6 to 12 years) \$ 10.95

*Omelette Station, Belgian Waffles and Crêpes topped with mixed berries and syrup,
Scrambled Eggs, Bacon, Pork Sausage, Turkey Sausage, Homestyle Baked Beans, Homefries,
Corned Beef Hash, Yogurt and Mixed Berries, Artisan Breads, Muffins and Croissants,
Fresh Fruit, Coffee or Tea.*

RA Fieldhouse

The Fieldhouse Bar & Grill is open 7 days a week for breakfast, lunch and dinner.



DAY TRIP BUS DESTINATIONS



Mont Tremblant

The granddaddy of the Laurentians. Tremblant is a sassy and robust mountain, with long runs offering a pitch of slope for every level of skier. Dress for the weather and ski your heart out.



Mont Blanc

Second highest ski hill in the Laurentians. The north side has some challenging advanced runs while the south offers some advanced but also very good intermediate and beginner runs.



St-Sauveur

A favourite family destination for good reason. St-Sauveur has runs, runs and more runs – from easy to challenging, all skiable and in a lovely treed environment. A great place to be on a winter day.

CROSS-COUNTRY Program

DAY OUTINGS

Join us on both weekend and weekday cross-country day trips. Our cross-country day trips to Gatineau Park will start in early December and run through into April, conditions permitting.

Weekend Day Trips

We alternate (sort of) Saturday and Sunday weekend day trips, leaving from the RA Centre west wing lobby at 9 a.m. Saturday and noon on Sundays. Most of our day trips are to Gatineau Park but we are planning to visit Montebello in March. We will also have a few weekend Greenbelt skis for those new to XC skiing and those who would just like to try something different than Gatineau Park.

Weekday Trips

We have at least two weekday trips each month and we vary the days to accommodate members who have flexible work schedules. For destinations outside the city, we leave at 9:30 a.m. from the west wing of the RA centre. Most trips are to Gatineau Park, but we are also planning several trips outside the park, several of them in the Greenbelt or right in the city. In addition, we have scheduled a January moonlight ski outing in the Greenbelt. Day trips close to the city will often meet at the parking lot.

If you can snowplow . . . ?

We welcome skiers of all levels. Gatineau Park does have hills so our only requirement is that you should be able to comfortably execute a snowplow stop, and a snowplow turn before joining us. The first few outings are on easy trails, as even the experienced skiers need to get their muscles back in shape. As we move to intermediate trails through the season, there is often a shorter or easier way to get to the same destination.

Arrangements

We car-pool on our day trips.

Participants are required to meet at the RA Centre 15 minutes before departure time, rather than go directly to the trailhead. This ensures that all skiers sign in and receive the trip briefing. It also allows the trip leader to get an accurate headcount.

For some of our outings, we will provide an option to sign in the night before and meet at the trailhead. Please note that this option is only available if it is mentioned in the web site description of the specific outing. Some outings may also meet at a parking lot in the city. Check the web site for this information.

Participants share gas costs and pay modest trail fees. We ski for two to three hours and then adjourn to a nearby restaurant.

A reminder that the weather in Ottawa is not necessarily a reflection of the ski conditions in Gatineau Park, so don't be deterred by the conditions in Ottawa. For those with waxable skis, conditions can vary throughout the day, so be prepared to change your wax. Please wax before leaving home and bring waxes that are at least 1 to 2 colours above or below that recommended by the NCC.

Gatineau Park XC Ski Conditions

Phone the NCC at 819-827-2020, or check out their web site at www.canadacapital.gc.ca/places-to-visit/gatineau-park/ski-conditions.

Check the SnowPhone

Outings are dependent on the weather and ski conditions. The trail or destination may change to take advantage of the best snow conditions. For the latest update, check the RA Ski SnowPhone (613-736-6235) before heading out.

Traffic Tickets

On the Quebec side, make sure you lock your car. Police check the parking lots and give you a \$57 ticket if your doors are unlocked. Also, there is a \$454 ticket if your car's license plate tag is out of date. We've tested this, but these prices may have gone up!

Notes

We strongly recommend you purchase a trail map at one of the NCC Visitor Centres or at one of the outdoor stores in Ottawa and Gatineau.

Finding gas north of the Gatineau Park can be a challenge on the weekend so be sure you have enough in your tank before leaving the city.

MULTI-DAY TRIPS

Val David, Quebec: February 9 to 11

Staying at Auberge du Vieux Foyer. Direct access to trails in Dufresne Park, and a short drive away from the cross-country ski centres in the Park. Over 100 km of cross-country trails, plus good snowshoe trails. Downhillers are also welcome, and can ski at Tremblant or Sauveur. Transportation is by car pool.

Mont Orford, Quebec: February 18 to 20

Combined cross-country/downhill/snowshoe weekend. Staying at Hotel Cheribourg close to Parc du Mont Orford, with 50 km of groomed trails, including 26 km for skate skiing. There are also a variety of snowshoe trails. Transportation is by carpool.

CROSS COUNTRY SKI ETIQUETTE

Here are the rules of etiquette for cross country skiers. Following these rules minimizes injury, and shows consideration for other skiers.

1. The skier going down the hill has the right of way.
2. When going uphill, keep to the right and look uphill for skiers coming down.
3. To request the right of way, call "track" or "piste".
4. Keep to the right on two-way trails.
5. When skiing on double tracks, keep right except to pass.
6. Yield the trail to skiers that overtake you from behind or that call "track".
7. If you fall, move off the track as quickly as possible, and fill in your sitzmarks.
8. If you stop, move to the right, completely off the trail.
9. Maintain a reasonable distance between yourself and the skier in front of you.
10. Begin downhill runs only after the skier ahead of you has cleared the slope.
11. Keep the trails clean. Take your litter home.
12. Pick up people you hit, or at least say you're sorry.

CROSS-COUNTRY Schedule 2017 - 2018

This is an overview of our proposed schedule. Some trips may change due to volunteer availability. Other trips may be added. Destination and route may change at the last minute due to ski conditions. Check the RA Ski SnowPhone (613-736-6235) or the RA Ski web site (www.raski.ca) for the latest update. For complete details on any outing, see the website.

Date	Departure	Destination	Details
Sunday, December 3	12:00 AM	Gatineau Park	Beginner's Ski. Check SnowPhone or web site.
Tuesday, December 5	9:30 AM	Gatineau Park	P10 to Huron (B, 11 km).
Sunday, December 10	12:00 PM	Gatineau Park	P19 Lac Philippe to Renaud Cabin (B, 6 km).
Saturday, December 16	9:00 AM	Gatineau Park	P16 (Pine Road) to Herridge/Healey (B, 9 km).
Tuesday, December 19	9:30 AM	City	SJAM trail along the Ottawa River to the War Museum. Meet at the Island Park parking lot, next to the Champlain Bridge.
Thursday, December 21	9:30 AM	Gatineau Park	P1 Asticou around Pink Lake (I, 12 km). No cabin.
Tuesday, December 26	11:00 AM	Gatineau Park	Note late start. "Leader's Choice" destination.
Monday, January 1	11:00 AM	Gatineau Park	Note late start. "Leader's Choice" destination.
Thursday, January 4	9:30 AM	Gatineau Park	P16 (Pine Road) to Herridge/Healey (B, 9 km).
Saturday, January 6	9:00 AM	Gatineau Park	P7 (or P5) to Huron (B with short I, 12 km).
Wednesday, January 10	9:30 AM	City	Mud Lake, meet at Ron Kolbus Centre. Joint activity with snowshoers.
Saturday, January 13	10:00 AM	Morris Island	Joint activity with snowshoers.
Sunday, January 14	12:00 PM	Gatineau Park	P9 to Huron with various route options (I/B, max 16 km).
Tuesday, January 16	9:30 AM	Gatineau Park	Camp Fortune to Western (I, 14 km).
Saturday, January 20	9:00 AM	Gatineau Park	P19 Lac Philippe to Herridge (I, 21 km).
Sunday, January 21	9:30 AM	Greenbelt	P18 Leitrim Rd
Wednesday, January 24	11:00 AM	Greenbelt	Stony Swamp – meet at P11 on Hunt Club West
Friday, January 26	7:00 PM	Mooney's Bay	
Sunday, January 28	12:00 PM	Gatineau Park	P6 to Pink L. (I, 11 km). No cabin.
Monday, January 29	7:00 PM	Greenbelt	Moonlight ski at Mer Bleu P21 on Anderson Rd, Joint activity with snowshoers
Saturday, February 3	9:00 AM	Gatineau Park	P12 to Huron (I, 14 km). Option to do some easy BC at leader's discretion.
TBA.	9:00 AM	Montebello	Enjoy the lovely trails and setting of the Chateau Montebello. Joint activity with snowshoers. Trail fee \$10.
Friday, February 9 - Sunday, February 11		Laurentians	XC/Snowshoe/DH Weekend – Val David - Auberge du Vieux Foyer
Sunday, February 11	12:00 PM	Gatineau Park	P19 Lac Philippe to Lusk Cabin (B, 10km)
Wednesday, February 14	9:30 AM	City	Ski along the SJAM to the War Museum. Meet at the Island Park parking lot, next to the Champlain Bridge.
Saturday, February 17	12:00 PM	Greenbelt	Avoid the crowds at the Gatineau Loppett and try some skiing in the Greenbelt from P9 on Moodie Drive.
Sunday, February 18 to Wednesday, February 20			Orford XC/Snowshoe/DH Weekend – Mont Orford – Hotel Cheribourg
Thursday, February 22	9:30 AM	Gatineau Park	P10 to Huron/Western via #3. (I, 16+ km).(option B – 11km)
Saturday, February 24	9:00 AM	Gatineau Park	P17 Wakefield to Renaud Cabin via loop consisting of #52,#50,#55,#50,#51,#53. (I, 21 km)
Sunday, February 25	10:00 AM	Bourget	Larose Forest Trails. They are easy and flat. Joint activity with snowshoers.
TBA	9:30 AM	Nakkertok	Try some different trails at Nakkertok Nordic Cross Country Ski Centre. We'll be skiing from Nakkertok South. Admission is \$14 (exact change) per person. Bring a packed lunch. <i>Note: date may change due to race programs at Nakkertok.</i>
Friday, March 2	9:30 AM	Gatineau Park	P12 to Huron (I, 14 km).
Sunday, March 4	12:00 PM	Gatineau Park	P7 to Huron (I, 12 km). Optional back country at leader's discretion.
Wednesday, March 7	9:30 AM	Gatineau Park	P6 to Pink L. via #15 (I, 11 km). No cabin.
Saturday, March 17	9:00 AM	Gatineau Park	P19 Lac Philippe to Renaud Cabin via Taylor L. (I, 13 km) or direct to Renaud Cabin (B, 6 km)
Monday, March 19	6:45	Mont Tremblant	Bus trip with downhillers to Mont Tremblant/Domaine St. Bernard
Tuesday, March 20	10:00AM	Greenbelt	Celebrate the first day of spring. Trail TBD
Sunday, March 25	12:00 PM	Gatineau Park	P6 to King Mountain (B, 7 km). No cabin. Note: spring weather may result in an earlier start. Trail TBD.
Saturday, March 31	12:00 PM	Gatineau Park	Note: spring weather may result in an earlier start. Trail TBD.
Saturday, April 7	9:00 AM	Gatineau Park	From P6. Note: spring weather may result in a later start. Fifth annual RASki Biathlon (ski & hike).
Sunday, April 15	12:00 AM	Gatineau Park	If conditions allow

(Level of difficulty, Round-trip distance in kilometres) For example, (I, 19km) is an intermediate trail, 19 km round trip.

B = Beginner trail I = Intermediate trail E = Expert trail Pn = Parking lot number for start of trail

CROSS-COUNTRY Weekend

VAL DAVID, QUÉBEC

Friday, February 9 to Sunday, February 11, 2018



Auberge du Vieux Foyer



View from Mont Iceberg, Parc Dufresne



On trail #8, Parc Dufresne

REGISTRATION OPENS: Wednesday, November 8, 2017

REGISTRATION DEADLINE: Wednesday, January 3, 2018

PRICE (including taxes)

\$278 per person (double occupancy)

\$363 single

We are heading to the Val-David area, which is the largest XC ski centre in the Laurentians, with more than 100 km of groomed trails. We will stay again at the Auberge du Vieux Foyer, with direct access to the trails at Parc Dufresne. This is a carpool trip. Check the RA Ski web site later for prices.

Downhillers are also welcome and can ski either at one of the nearby hills (Chantecler or Saint-Sauveur), and it's only 45 minutes from Tremblant. And let's not forget the 30 km of trails for snowshoeing.

The package includes a welcome drink on Friday, and breakfasts as well as fine dining at the Auberge on both Friday and Saturday nights. It also includes the daily pass for the Parc and access to the outdoor hot tub and sauna.

Louise Cameron, XC co-chair, xc_2017@raski.ca

CROSS-COUNTRY MIDWEEK

We are considering a midweek car pool trip to the Algonquin Park area, staying in Whitney, Ontario, near the East Gate of the park. This would likely be in early March, but no date has been set yet. Information about skiing in the park can be found at http://www.algonquinpark.on.ca/visit/recreational_activites/skiing-in-algonquin-park.php

The Leaf Lake area has 45 km of trails (skiing only) and there is a multi-use 18 km trail on an abandoned railway track. Snowshoeing can also be done on other trails in the park.

If you are interested in participating, let us know!

Louise Cameron, XC co-chair, xc_2018@raski.ca

CROSS COUNTRY SKI LESSONS

During winter, the City of Ottawa's Terry Fox Athletic Facility is transformed into the Mooney's Bay Ski Centre. The ski centre offers 5 km of groomed and well-lit trails for classic and skate skiing, changing facilities, waxing room, and ski rentals.

The ski school offers lessons for children, youth, and adults from experienced and qualified instructors. Classes are for all abilities from beginner to advanced, and cover classic or skate skiing lessons. In addition, there are half-day workshops such as "Help with Hills." Lessons offered seven days a week with convenient day and evening options.

The Mooney's Bay Ski Centre is located at Mooney's Bay, 2690 Riverside Drive. For detailed information on lessons, contact the ski school at 613-247-4883, or check out the web site at <http://join.ottawa.ca/act/644/winter/all/fac/244/>

The city also offers lessons at the Goulbourn Recreation Complex at 1500 Shea Road near Stittsville.

CROSS COUNTRY SKI PASSES FOR GATINEAU PARK

The rates for the ski passes haven't been released as of publication date, but I'm using last year's rates, since I was told that they might not change.

There is a \$16 daily fee (\$12 for 60+) to ski on any of the trails in Gatineau Park. As we do most of our day trips in Gatineau Park, a ski pass for the season that gives you unlimited access to the trails is a convenient and economical way to pay the trail fees. The trail fees go toward maintaining and grooming the trails so the money has a direct impact on the quality of your ski experience. The pass is non-transferable and must be displayed when you are skiing on the trails in the park.

There is an early-bird fee for the Season pass with the price rising 15 days after they first go on sale. Sales are expected to start mid October. Adult season pass is \$160 (\$105 for 60+) when first on sale, \$190 (\$110 for 60+) 15 days after. You can go to the Gatineau Park Visitor Centre, at 33 Scott Road in Chelsea, to get your photo taken. If you have a digital photo, you can order the pass online at www.demsis.ca.

DISCOUNTED GROUP RATE

Again this year, the Ottawa sporting goods store, Paddleshack-Trailhead, is offering a discounted season pass until Dec 4, 2017. For members living in Ottawa, this might be a more convenient location than the Gatineau Park Visitor Centre since the passes can be ordered online then picked up two weeks later at the new store location - 2148 Carling Ave.

The Trailhead group-rate discount is 15%.

Go to <http://trailheadpaddleshack.ca/skipass>

BORROW A PASS FROM THE LIBRARY

Ski for free in Gatineau Park! Use your library card to borrow a daily pass from public libraries in Ottawa, Gatineau and the Outaouais region. For more information about library locations and lending terms, visit these websites:

Ottawa Public Library

<https://bibliooottawalibrary.ca/en>

Ville de Gatineau Municipal Library

www.gatineau.ca/portail/default.aspx?p=quoi_faire/bibliotheque

Centre régional de services aux bibliothèques publiques de l'Outaouais inc. (CRSBPO)

www.reseaubibliodubeqc.qc.ca/portail/index.aspx?page=2&RID=8&utm_source=reseaubibliooutaouais.qc.ca&utm_medium=referral&utm_campaign=redirection

Chelsea Library

www.chelsea.ca/?q=node/46&lg=en

SNOWSHOEING Program

Our outings are not too difficult, about 4 to 5 k in distance, and it's a good way to spend time on a winter's day. All are weather and conditions dependent so be sure to check the SnowPhone before leaving home at 613-736-6235 in case of last minute changes or cancellation. If you are interested in snowshoeing, please let me know and I'll put your name on my email list and advise you of any additional outings. I would really appreciate some volunteers to lead some of these outings. It's not a difficult thing and when you are snowshoeing with RASki Club friends, it's even fun!! If you wish to add an outing to a favourite trail in addition to what I have scheduled, please let me know and I will get it advertised – contact Doris Dallaire at snowshoe-2018@raski.ca

DECEMBER

Conditions permitting – check website www.raski.ca and/or SnowPhone 613-736-6235.

JANUARY

Wednesday, January 3 – Cascades

10:00am - Meet at the RA to carpool – several trail level options – easy to more advanced.

Sunday, January 7 - Calabogie

Carpool with DH skiers – Meet 8:30am at RA or 8:45am Kanata Centrum - intermediate level.

Wednesday, January 10 – Mud Lake with X-C skiers

Meet at Ron Kolbus Centre in Britannia Park at 10:00am.

Saturday, January 13 – Morris Island

10:00am - Meet at the RA to carpool – an easy and scenic one. Joint with cross-country skiers

Monday, January 15 – Bus trip to St.Sauveur

Meet at the RA at 6:45am for 7:00am SHARP departure – Bus trip details in Downhill Day Section – easy to intermediate level.

Saturday, January 20 – Wakefield to behind Vorlage

12:00 noon - Meet at the RA to carpool – intermediate level.

Wednesday, January 24 – Jack Pine Trail - Greenbelt

11:00am at the parking lot P9 on Moodie Drive – an easy one – enjoy the birds and wildlife.

Monday, January 29 – Moonlight Snowshoe with X-C skiers

At Mer Bleu P21 on Anderson Rd. at 7:00pm – can meet to carpool at RA Centre at 6:30pm or at trailhead.

Outing to Montebello with cross-country skiers may be added in January – check our website and publicity emails.

FEBRUARY

Sunday, February 4 – Pinegrove trail - Greenbelt

Meet at the RA at noon.

Weekend February 9 to 11 – Val David – Auberge du Vieux Foyer

Snowshoe one of the many beautiful trails at Val David and Far Hills – various levels depending on trail.

Friday, February 16 – Bruce Pit in Greenbelt

Meet at 11:00am in the parking lot at the trail – we'll celebrate Chinese New Year at a local restaurant after our outing.

February 18 to 20 – Orford and Eastern Townships

Come spend a weekend in the townships – enjoy one of the beautiful trails – various levels - see details in Downhill Weekend trips section and Cross-Country Section.

Sunday, February 25 – Larose Forest

Easy and scenic – meet at the RA at 10:00am to carpool.

MARCH

Thursday, March 1 – Mer Bleu in Greenbelt

10:00am – Meet at the RA to carpool – easy trail.

More outings may be added depending on conditions – see our website and publicity emails.

Monday, March 19 – Bus trip to Domaine St-Bernard - Laurentians

Meet 6:45am for 7:00am SHARP departure from the RA Center – details in Downhill Day Section – intermediate level.

HIKING Program

FALL HIKES

We started our fall hikes this year in September and there's still some good hiking left! We still have one hike left:

Monday, November 13 – P16 to Herridge Cabin

Check Snowphone as date/destination may change due to storm damage in Gatineau Park.

If there is demand and the right weather, there may be more!

We are still looking for people to lead additional Gatineau, Greenbelt and urban hikes.

Check the web site and SnowPhone regularly, or sign up for our Ski-Mail e-mail newsletters.

Maureen Adamache, Hiking and Biking Coordinatort, hikes-2018@raski.ca

SOCIAL Program

Join in our social activities planned for this year to get know fellow members off the slopes.

PUB NIGHTS

In the RA Fieldhouse Bar and Grill at 7:30pm

- Wednesday, January 10 - pub night (following Weeklong rendezvous)
- Tuesday, February 6 - pub night after skating, location TBD
- Thursday, March 15 - pub night
- Thursday, May 17 - pub night

THEATRE

- Tuesday, November 21, 2017 - Phoenix Players "Office Hours"
Gladstone Theatre, 910 Gladstone Ave. Showtime 7:30pm
For info, www.phoenixplayers.ca
Dinner at 5:30pm at Trattoria Caffe, 254 Preston St.
- Tuesday, March 27, 2018 - Phoenix Players "Stage Kiss"
Gladstone Theatre, 910 Gladstone Ave. Showtime 7:30pm
For info, www.phoenixplayers.ca
Dinner at 5:30pm at Trattoria Caffe, 254 Preston St.

SKATING

- Tuesday, February 6 - Rink of Dreams, Ottawa City Hall at 7:30pm

YEAR-END POT-LUCK DINNER

- Saturday, April 7 - Tentative date

RA SKI ANNUAL GENERAL MEETING

- Wednesday, April 18 - Tentative date
We will review the season and elect next year's executive. Your executive worked hard to prepare this year's program. You can thank them by attending the meeting!

COMING EVENTS

Next spring and summer will see biking, hiking, picnics, and evenings in the park watching theatre. During the winter, most of us will be concentrating on skiing, but if the opportunity for other social events comes up, we will be sure to take advantage of them! If you have any ideas for a social event, email me.

Watch the web site and Ski-Mail for additions or changes to the program.

Chuck Bain, Social chair, social-2018@raski.ca

Membership Has Its Privileges...& Discounts

HILL DISCOUNTS

Your RASKi Executive have used the buying power of our membership to obtain discounts and services from the following local sports stores and ski areas. Please show your RASKi membership card before cashier begins the transaction (i.e. RA membership card showing RA Ski Club registration.) We would like to extend our thanks for their generous support of the Club in the form of personal time, discounts or donated prizes.

At the time the newsletter went to press, we had not finalised all the discount offers. Visit the discount section on our website at www.raski.ca for additional information.

Note: Some ski areas may also ask that members show some form of photo-ID (e.g. driver's license, security pass) along with their RA Ski Club membership card, or purchase a photo ID at the hill. Please note that "holidays" may include the entire Christmas/New Years period and school breaks during February/March and in some cases even US holidays. For clarification, members should check with the resort.

MOUNT PAKENHAM

613-642-5290 www.mountpakenham.com

Mount Pakenham is Eastern Ontario's premier family ski, snowboard and tubing area. It offers alpine and cross-country skiing, snowboarding and snow tubing. Mount Pakenham offers a wonderful winter experience for you and your family. Pakenham has 300 feet of vertical, and offers 10 alpine runs, and 6 lifts. Mount Pakenham also has cross-country ski trails.

Lift Tickets: Regular Prices...please add HST
\$5.00 off the prices below with valid Ski Club ID

	Wknd 6 Hr	Wknd 4 Hr	Wknd Night	Week 6 Hr	Week 4 Hr	Week Night
Adult (18-69)	\$35	\$34	\$23	\$31	\$30	\$23
Youth (13-17)	\$33	\$32	\$23	\$29	\$28	\$23
Child (6-12)	\$31	\$30	\$23	\$27	\$26	\$23

Seniors (70+) ski for \$6 (plus HST)

Children (under 6) ski for \$6 (plus HST) when accompanied by an adult ticket holder.

Special Friday Nights

\$12.00 Night Lift Ticket Only from 4:00pm to 9:00pm

Dates: January 5, February 2, March 2, 2018

Lessons

- Night Owl (8 week program):**

Thursday nights 7:00 to 8:00pm, starting January 18
\$114 (lesson only), and \$128 (with lift ticket)

- Private Lessons:**

55 minutes for \$65 + tax (advanced reservations required)
\$5.00 off with valid Ski Club ID

Directions: Take Highway 417 (Queensway) West past the Canadian Tire Centre (Kanata) and continue on 417 West. Take the Exit marked Kinburn Side Road/Pakenham. At the stop sign turn left onto Road 20. Follow Road 20 across the Stone Bridge and turn left at the stop sign. Drive through Pakenham and just past the train overpass turn right onto McWatty Road. Follow this road to the stop sign and turn right onto Ski Hill Road. Drive time from the Scotia Bank Place is approximately 20 minutes.

ski Vorlage

1-877-vorlage www.skivorlage.com

Located in the picturesque village of Wakefield, Vorlage is widely recognized as "The Family Ski Area" with fantastic conditions and friendly service. Complete snowmaking on 18 runs serviced by 5 lifts and a spacious chalet with a view of the slopes.

LIFT TICKET DISCOUNTS Lift ticket Rentals

MIDWEEK & NIGHTS:

Adults:	\$19.00 + tax = \$21.85	\$15.00 + tax = \$17.25
Students & Juniors (7-18)	\$15.00 + tax = \$17.25	\$15.00 + tax = \$17.25

WEEKENDS & HOLIDAYS, DAY RATES:

Adults:	\$26.09 + tax = \$30.00	\$20.00 + tax = \$23.00
Students & Juniors (7-18)	\$17.39 + tax = \$20.00	\$16.52 + tax = \$19.00

HELMETS: \$4.35 + tax = \$5.00

LESSON DISCOUNTS: 20% discount on the listed price for all lessons when providing membership card.

Directions: Only a short 25 minute drive from Ottawa. Cross the MacDonald-Cartier bridge, follow Highway 5 North to Wakefield, take exit #28 and proceed through the village (or Chemin Burnside at the end of Highway 5.) Either Chemin Elmdale or Burnside will lead you right to Vorlage.



1-800-669-4861 www.calabogie.com

With a vertical drop of 760 feet (the highest in the region), Calabogie Peaks offers 27 outstanding runs, with 35% at the beginner level, 23% intermediate, and 42% advanced. Its snowmaking capabilities cover 95% of the hill area. Calabogie also offers a 25-room inn, complete with spa and restaurant.

- 20% discount on lift tickets

Directions: Highway 417 West, continue past Arnprior approximately 8 km, turn left onto Calabogie Road and continue to Calabogie.



1-800-567-1256 www.montstemarie.com

Mont Sainte-Marie has the highest vertical (1200 feet) within an hour's drive of Ottawa. There are 3 lifts (two high-speed quads) and 20 trails spanning two mountains.

- 10% discount on full day adult, student and youth tickets.
(Discounts are on regular lift ticket prices)
Not valid on holidays, or during Christmas and school breaks.

Directions: Take Highway 5 north through Hull, then catch the 105 North. Stay on the 105 and follow the signs to the resort. Approximate drive time is 55 minutes from downtown Ottawa.

Please note: While every effort has been made to ensure the accuracy of the information provided in this newsletter, it should be noted that pricing and other information contained herein is subject to change without notice.



1-800-567-6715 www.skimontblanc.com

Mont Blanc's 1000 feet of vertical is the second-highest in the Laurentians. Mont Blanc's 39 trails offer the variety to satisfy the most demanding skiers or boarders, from beginner to double-diamond expert.

Rates (Taxes extra)	RA Ski	Regular
Adult (18-59 years)	\$49	\$55
Senior (60-69 years)	\$37	\$43

Save even more!

Take advantage of our weekday specials:

Tuesday is Lady's Day & Wednesday is Men's Day:

\$24 (Starts Jan. 9 and not valid March 5-9, 2018)



1-888-857-8001 www.tremblant.ca

Rising 3001 feet above the majestic lake, Mont Tremblant offers 94+ groomed trails with 13 state-of-the art lifts, more than any other mountain in the East. Tremblant offers 16 novice runs, 31 intermediate runs as well as miles of expert terrain.

No discounts are offered to RASki members, except through SkiMax preseason tickets, which can be ordered at the RA east wing desk. (See page 6 of this brochure.)

STORE DISCOUNTS

As we go to press, your executive is still finalizing the store discounts. Check out the ski club web site (www.raski.ca) and click on "Discounts" for the latest information. Most stores require presentation of your current RA Ski Club membership card to obtain these discounts. If a store is not on the list below, show your RA Ski Club membership card and ask if the store gives a discount to ski clubs.

Many ski shops do.

Bushtukah Great Outdoor Gear

www.bushtukah.com

203 Richmond Rd., Ottawa 613-792-1170

5607 Hazeldean Road, Kanata 613-831-3604

10% discount off regularly-priced merchandise except bikes. Shop labour is not included.

1291 Wellington Street, Ottawa 613-729-3002 (between Holland & Island Park)

10% discount on merchandise except bikes.

Fresh Air Experience

www.freshairexp.ca

1291 Wellington Street (between Holland & Island Park), Ottawa 613-729-3002

10% discount on merchandise except bikes.

Kunstadt Sports

www.kunstadt.com

462 Hazeldean Road, Kanata 613-831-2059

1583 Bank Street (at Heron), Ottawa 613-260-0696

680 Bank Street (Glebe), Ottawa 613-233-4820

15% off all regular-priced merchandise and services, on winter items only.

Great Escape Outfitters

www.greatescapeoutfitters.com

369 Richmond Road, Ottawa 613-729-7777

10% discount on all regularly-priced merchandise.

Trailhead Paddleshack

www.ottawapaddleshack.ca

2148 Carling Avenue, Ottawa 613-722-4229

10% discount on regular-priced merchandise.

Velofix

www.velofix.com

613-857-2818

1-855-VELOFIX

Velofix is a mobile bike and ski repair shop, with a large van that's outfitted with all the parts, accessories and tools needed to fix and repair bikes, skis, snowboards and nordic skis. In addition to bike and ski repairs, Velofix can store the skis and deliver them for use, or meet you after an outing and pick up your skis to avoid having to transport them.

10% off all Velofix services (skis, snowboards, bikes, fittings, bike building, etc.)

Get on our Ski-Mail List!

Find out about last-minute additions or changes, club news, and upcoming events, by subscribing to Ski-Mail, our e-mail newsletter. Ski-Mail is issued weekly during the ski season, and periodically during the rest of the year.

To subscribe, go to www.raski.ca, and click on "e-Maillist".

OTHER WAYS TO KEEP INFORMED

Website

Check out our amazing web site: www.raski.ca

SNOWphone (613-736-6235)

Call for the latest updates on events, including last-minute changes or additions.

One-Time Bounce-Back of Events

For a one-time e-mail bounce-back of upcoming events, send an e-mail to currentevents@raski.ca.

Facebook

RA Ski Club of Ottawa

RA Ski Photos on the Web

On the RA Ski website, you'll find lots of photos of all our activities.

1. Go to www.raski.ca, and click on "photos" on the left side.
2. Click on the set you want (Cross-country, Downhill, Snowshoeing, or Social).

To see the photos as a slideshow:

1. Double-click on the little square icon on the top right under the number of photos. Wait a few seconds and the slideshow will start. Click on the right arrow to advance to the next slide.

To download a photo:

(Unfortunately you now have to have a Yahoo account.)

1. Double-click on the photo.
2. On the bottom right, click on the down arrow with the bar underneath it.
3. Click on the size you want (i.e., "Original".)
4. Click on "Save File", then click on "OK." Your file will be downloaded to your directory "Downloads."



SkiFIT

Fitness Class for Skiers

**Thursdays, 6:35pm to 7:20pm
until December 14, 2017**

In the LifeFIT Studio, RA Centre
(by the main door to the LifeFIT Centre)

SKIFIT.....Prepare your heart and soul for a
fun-filled Fall and Winter!

What better way is there to spend an autumn evening
than working out and enjoying new and returning
members? Don't wait for snow to join the action of
the RA Ski club, and have a fun evening to look
forward to!

Every Thursday we will be preparing our bodies for the
exciting but demanding winter season ahead. A highly
skilled RA fitness trainer (Jill Pomeroy), will be leading
us in the exercise program to help us become more
fit. We meet for ten consecutive weeks at Courtside
B (new location). The exercise program is designed
specifically for skiing (cross-country as well as downhill)
and snowshoeing, developing core muscle and leg
strength, as well as balance. The exercise program is
followed weekly by a visit to the RA Fieldhouse (right
next door) to dream of snow and plan our upcoming
winter fun days. Come on out and meet potential new
buddies, improve your fitness, and have a fun evening!

Please arrive at the RA Courtside B at 6:30 for
attendance and to receive up to the minute
instructions.

Participants should register in advance of attendance at
the East Member Services desk or by phone
at 613-733-5100.

Full Session Rates (10 weeks)

\$55 (plus HST) RA Ski Club members

\$80 (plus HST) RA members not in the ski club

\$8 one-time drop in for a trial workout

Prorated November 8th

Prorated depending on the number of classes left
in the session.

REGISTRATION at a Glance

REGISTER IN PERSON:

Member Services Desk - RA Centre East Wing

REGISTER BY TELEPHONE: 613-733-5100

7 days a week - 6:30am to 10:30pm (Please have your credit card ready when you call.)

Day Trips (DH)

Day Bus Trip: Register at least one week prior to the trip. Trips with "low advanced registration" will be cancelled four days prior to the trip or we incur a bus cancellation penalty. Guests do not need to be sponsored by a member. No extra charge for a guest. Guests are eligible for one bus trip only. Meet'n'Ski outings don't need pre-registration.

Day Trips (XC, Snowshoe, Hiking and Biking)

No registration required. Skiers meet in the RA Centre's West Wing lobby 15 minutes prior to departure to sign in and form car-pools. Trail fees, where applicable, are paid at the destination.

SkiFIT Classes

RA Ski club membership is required.

Multi-Day Trips (DH and XC)

Deadlines are determined by the contracts with the hotels, so advance registration is critical to avoid cancellation. If you register by phone, the necessary form will be mailed with your receipt. It is your responsibility to complete and return the form by the deadline. Guests must be sponsored by a member, and a 10% surcharge will apply.

Weeklong, Panorama, BC

Info on how to register is on our website <http://www.raski.ca/index.php3?target=weeklong>.

DEADLINES at a Glance

These deadlines are FIRM. For overnight trips, if the trip payment is not paid in full by the deadline date, the Club cannot ensure your seat and accommodation.

If there is insufficient registration at the time of the deadline, the Club reserves the right to cancel the trip and reduce the club's financial loss. In this case a refund of the participant's payments will be provided.

Subject to availability, the following registration deadlines apply:

DH/XC/Snowshoe Weekend – Bromont/Mont Orford:

Monday, December 18, 2017

XC/DH /Snowshoe Weekend – Val David, Quebec.:

Wednesday, January 3, 2018

CALENDAR OF EVENTS 2017-2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2017						
			1	2	3	4
5	6	7	8 RA Ski Open House	9 SkiFIT	10	11
12	13 Herridge (hike)	14	15	16 SkiFIT	17	18
19	20	21 Theatre	22 DEADLINE Panorama	23 SkiFIT	24	25
26	27	28	29	30 SkiFIT		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2017						
					1	2
3 Gatineau Park (XC)	4	5 Gatineau Park (XC)	6	7 SkiFIT	8	9
10 Gatineau Park (XC)	11	12	13	14 SkiFIT	15	16 Mont Ste-Marie (DH) Gatineau Park (XC)
17	18 Deadline Orford/Bromont Trip	19 City (XC)	20	21 Gatineau Park (XC)	22 Camp Fortune (DH)	23
24 31	25	26 Gatineau Park (XC)	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2018						
	1 Gatineau Park (XC)	2	3 Cascades (SS) Deadline Val David Weekend	4 Gatineau Park (XC)	5	6 Gatineau Park (XC)
7 Calabogie (SS/DH)	8	9	10 City, Mud Lake (XC/SS) Panorama Rendez-vous (DH/XC/SS)	11 Edelweiss (DH)	12	13 Morris Island (SS)
14 Gatineau Park (XC)	15 St. Sauveur bus trip (DH/XC/SS)	16 Gatineau Park (XC)	17 Camp Fortune (DH)	18	19	20 Gatineau Park (XC) Wakefield (SS)
21 Greenbelt (XC)	22 Cascades (DH)	23	24 Greenbelt (SS/XS)	25	26	27 Panorama Weeklong Depart
28 Gatineau Park (XC)	29 Moonlight (XC/SS)	30 Vorlage (DH)	31			



RA MEMBER BENEFITS

Great Deals available to RA Members

Smith Petrie Carr & Scott
Insurance Brokers Ltd.

and
Station Mont Tremblant

For details on RA Member Benefits
visit our website at
www.racentre.com/benefits.



RA Fieldhouse
Your Social HQ

Your pre & post social meeting place!

Open for Breakfast, Lunch & Dinner

Daily Food & Drink Specials

Sunday Buffet

Conveniently located at the RA Centre



Proud partners of the RA.

DON'T MISS OUT!

Stay informed on all
RA Ski activities by visiting
www.raski.ca

or
call our 24-hour
SNOWphone at 613-736-6235





THINGS I ALWAYS FORGET

Ski Stuff:

Health Card | Skis / Board | Poles
Ski bag (*mandatory*)
Boots / Boot bag | Helmet | Ski lock

Clothing:

Ski suit (*coat, pants*) | Socks, including extras
Hat, toque, headgear | Helmet | Gloves
Mitt warmers | Goggles / Sunglasses
Tube / scarf | Face mask | Fanny pack
Casual wear for après ski | Dancin' shoes

Restaurant stuff:

Food / snacks / bag lunch / water
Wallet / Purse / credit card / Money belt

Some Trips Only:

Loonies and toonies for lockers (*day trips*)
Cellphone and charger
Camera, battery charger and spare batteries
iPad, iPod or e-reader and charger
RASki membership card (*carpool trips*)
US money (*for US destinations*)
Airline tickets
Passport (*US or foreign destinations*),
or birth certificate and photo ID
Insurance (*medical, baggage*) papers or card
Wall plug for Europe or S.America
Toilet kit | Alarm clock | Reading & writing stuff

For My Comfort:

Sunscreen & lip protector | Coffee thermos
Snacks | Pillow | Swimsuit and towel | Earplugs

Other things I always forget:

PLEASE NOTE

While every effort has been made to ensure the accuracy of the information provided in this newsletter, it should be noted that pricing and other information contained herein is subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2018						
				1	2	3 Gatineau Park (XC) Panorama Weeklong Return
4 Greenbelt (SS)	5	6 Skating Pub Night	7 Edelweiss (DH)	8	9 Val David Weekend Depart (XC/SS/DH)	10
11 Val David Weekend Return Gatineau Park (XC)	12 Calabogie (DH)	13 Orford/Bromont Rendez-Vous (DH/SC/SS)	14 City (XC)	15 Camp Fortune (DH)	16 Greenbelt (SS)	17 Greenbelt (XC)
18 Orford/Bromont Depart (DH/ SC/SS)	19	20 Orford/Bromont Return (DH/ SC/SS)	21 Cascades (DH)	22 Gatineau Park (XC)	23	24 Gatineau Park (XC)
25 Larose Forest (XC/SS)	26	27 Mont Ste-Marie (DH)	28			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2018						
				1 Mer Blue (SS)	2 Gatineau Park (XC)	3
4 Gatineau Park (XC)	5	6	7 Gatineau Park (XC)	8	9 Calabogie (DH)	10
11	12	13	14	15	16	17 Gatineau Park (XC) Pot Luck Dinner
18	19 Tremblant Bus Trip (DH/XC/SS)	20 Greenbelt (XC)	21	22 Vorlage (DH)	23	24
25 Gatineau Park (XC)	26	27 Camp Fortune (DH)	28	29	30	31 Gatineau Park (XC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2018						
1	2	3	4 Edelweiss (DH)	5	6	7 Gatineau Park (XC) Pot Luck Dinner
8	9	10	11	12	13	14
15 Gatineau Park (XC)	16	17	18 RA Ski AGM	19	20	21
22	23	24	25	26	27	28
29	30					